



## Lumbar Support

### APPLICATION INSTRUCTIONS:

1. Unfasten all Velcro Straps.
2. Center the support along the lower back.
3. Pull support straps forward. Overlap Velcro straps to close.
4. Pull compression straps forward with appropriate tension and apply to support strap.

**NOTE:** Do not over tighten. For best results, adjust each of the compression straps a second time to ensure a comfortable fit.

**NOTE:** Do not over tighten, adjust as necessary.

**CAUTION:** If swelling increases and pain, numbness, skin irritation occurs, discontinue use. Contact medical provider immediately.

This product is only a support device, not to prevent injuries or prevent reoccurrence of injuries.



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