



## Posterior Night Splint

### APPLICATION INSTRUCTIONS:

1. Unfasten the 3 front straps by using the buckles at the side.
2. While seated, set foot onto the foot plate with heel comfortably positioned to the back.
3. Apply the foot strap by inserting the buckle until you hear a click. Adjust the Velcro on the foot strap until comfortable.
4. Apply the ankle strap in the same manner as step 3.
5. Apply the top leg strap in the same manner as step 3.
6. Using both hands simultaneously, unfasten the side flexion straps and then adjust the straps to bring your foot up into a position of comfort.
7. Repeat steps 2-6 as necessary for comfort.

### Washing Instructions:

Remove the soft good liner and hand wash in cold water using mild soap. Do not bleach. Line or towel dry

The Posterior Night Splint is not intended for normal walking.  
Please consult your physician for specific instructions.

**NOTE:** Do not over tighten, adjust as necessary.

**CAUTION:** If swelling increases and pain, numbness, skin irritation occurs, discontinue use. Contact medical provider immediately. This product is only a support device, not to prevent injuries or prevent reoccurrence of injuries.



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