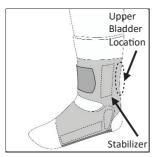


STEP-FREE ANKLE STABILIZER INSTRUCTIONS FOR USE (IFU)

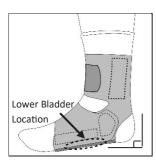


Apply over an absorbable sock.

1. Insert foot into STEP-FREE ANKLE STABILIZER carefully, toe first. Position heel comfortably in opening at back of support.



2. The height of the upper bladder may be repositioned by detaching and reattaching. Ensure that the stabilizers are properly positioned along the inside and outside of the ankle to provide proper support.



3. Position foot at 90° on the floor, ensuring the lower bladder is located comfortably under the arch of foot. Secure the ankle strap and adjust strap tension as needed.

NOTE: Do not over tighten, adjust as necessary. **CAUTION:** If swelling increases and pain, numbness, skin irritation occurs, discontinue use. Contact medical provider immediately. This product is only a support device, not to prevent injuries or prevent reoccurrence of injuries.



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